

# Beth Mitchell



*"In my busy schedule I want to have peace of mind that my mother is taken care of properly."*

**Age:** 53

**Work:** Executive Assistant

**Family:** Divorced, remarried, 3 kids (1 with current husband)

**Location:** Medford, MA

**Education :** B.S., Business Administration, Boston University

## Hobbies

- Listening to Classical music
- Attending Operas and plays
- Watching reruns of Golden Girls and Murder She Wrote
- Reading in her study

## Pet Peeves

- Inconsiderate People. Litter

My name is Beth Mitchell, I have been a Executive Assistant for the last 20 years for multiple Partners at the Boston Consulting Group. I've been honored to work with the best and brightest people within the financial and business world.

Although my job can be a bit routine, it is never short of surprises. In fact, it can be a bit demanding, especially at my age now. I'm no spring chicken, so traveling with my C-level Partners can be a bit of a strain! In all honesty, although I like what I do, I am ready to retire in a couple years.

Things have gotten really hectic in my personal life, and I find myself very busy, with long hours at work, volunteering, and taking care of both my immediate and extended family throughout the week. I also teach at Brigham and Women's Hospital every other Saturday.

My 87 year old mother has lived a glorious life, but now has been challenged with health issues, in particular, is Congestive Heart Failure, CHF. It has become increasingly time consuming as well as expensive to treat her, and in my busy schedule I want to have the peace of mind that my mother is taken care of properly. She lives on her own since my father passed away 3 years ago, and it was quite unsettling to see him get taken over by the dementia. I understand that we will leave at some time in this world, but I'd like to make this as painless as possible for my mother.

If I could have a clearer understanding of the things happening to her: the food she is eating, her extracurricular activities, patterns, etc. throughout the course of the day it would make things a bit easier. Perhaps, I could assist in making sure she takes her medication when needed. Sometimes it is difficult to find time to visit her house (Kennebunkport, ME), but it is always reassuring to pick up a phone and speak to each other.