

Shana Arroyo



"My main goal is to fight for people to live."

Age: 28

Work: Registered Nurse

Family: Married

Children: 1

Location: Cambridge, MA

Education: ADN, Northern Essex Community College

Income: 59,000

Goals

- Solving world hunger
- Learning more languages

Pet Peeves

- Pessimistic/negative people – "I avoid them like the plague!"

Unique Fact

Knows every song from Hamilton! Seen the Broadway musical 12 times.



hiking

#netflixandchill

playing with her Golden Retriever

I am Shana Arroyo, a registered nurse at Brigham and Women's hospital. I am originally from a small town in Lawrence, MA and went to Northern Essex Community College to pursue my Nursing Associate Degree. During my time there I work-studied with Lawrence General Hospital, and that is where it hit me, that this is what I'd like to do for my life.

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After graduation, I participated in Doctors-Without-Borders in Sudan, but had to leave prematurely because of some internal political crisis. I tried to re-apply for another country, but there were so many complications because of a disease scare, I just gave up. I came back to Massachusetts and landed a position at Brigham and Women's. My initial concentration was on saving methamphetamine addicts, now I have transferred over to helping our large growing elderly population.

I enjoy what I do...I really do...I love coming in everyday to help humans--my main goal is to fight for people to live; but, I have to admit it is difficult. Now that the baby-booming population has entered into the age of need, there are more demands on the healthcare professionals. I am doing the work of three nurses, in addition to large amount of administrative work. Some days, I do more administrative work than clinical work.

What I would like from a technology is to have a system that monitors multiple patients and notifies me when there is a concern.